# SHORT COMMUNICATION

# **Open Access**

# Establishment of a novel experimental model of infected anal fistula in rat



Meng Zhao<sup>2,3†</sup>, Aitong Wang<sup>2,3†</sup>, Leisheng Zhang<sup>4,5,6\*</sup> and Hao Yu<sup>1,2,3\*</sup>

# Abstract

Refractory Crohn's-like enterocutaneous fistula indicates the aggressive manifestation and lead to poor prognosis of patients. The development of multidisciplinary strategies for fistula administration largely subjects to the deficiency of animal model for disease remodeling and the underlying pathogenic mechanism. For the purpose, infected anal fistula model was conducted by BLV single-core electrolytic aluminum combined with dextran sodium sulfate. Notably, the inflammatory granulation tissue and inflammatory cell infiltration in the perianal tissue were arised on day 7 of the model by utilizing the Hematoxylin–eosin staining. With the aid of magnetic resonance imaging and signals of high-brightness. We intuitively observed the thickening and edema appeared in the fistula wall, which collectively suggested the formation of a fistula in the perianal area of the rat. Distinguish from the current models of anal fistula modeling including the body surface of fistula, backside of fistula and drainage wire of fistula, our model revealed multifaceted advantages such as quicker generation, higher modeling rate, preferable stability, better consistency, cost-effective, and in particular, more convenient to mimic clinical manifestations of anal fistula.

Keywords: Anal fistula modeling, DSS, BLV-SCEA, Rat model

# Background

Anal fistula is a refractory and recurrent anorectal disease with a spectrum of complications such as purulent exudates, abscess, granulomatous inflammation, highly exposed fistula and intolerable itching [1, 2]. Currently, a series of surgical methods were introduced for the management of anal fistulas worldwide including incision/ drainage, fistula removal, thread hanging, fistula tamponade and so on. However, these strategies usually showed remarkable shortcomings such as high rate of relapse, secondary infections and anal incontinence. To date, the deficiency of "standard surgical procedures" for anal fistulas patients as well as the objective evaluation system during surgery largely hinder the development of more effective therapeutic remedies in clinical practice. Notably, Colorectal Surgery Guidelines of the United States have proposed the condition of "survival along with fistula" for diagnosis and treatment of anal fistula [3–5]. Accordingly, it's necessary to construct better anal fistula animal models to mimic the symptoms of anal fistula and dissect the similarities and differences among the different surgical methods based on the post-operative anal function, which plays an important role for the follow-up of effective administration of the disease.

<sup>†</sup>Meng Zhao and Aitong Wang contributed equally to this work.

\*Correspondence: leisheng\_zhang@163.com; yuhao-wuhan@hotmail.com

<sup>1</sup> The Postdoctoral Research Station, School of Medicine, Nankai University, Tianjin 300071, China

<sup>4</sup> Institute of Stem Cells, Health-Biotech (Tianjin) Stem Cell Research

Institute Co., Ltd., Tianjin 301700, China

Full list of author information is available at the end of the article



© The Author(s) 2022. **Open Access** This article is licensed under a Creative Commons Attribution 4.0 International License, which permits use, sharing, adaptation, distribution and reproduction in any medium or format, as long as you give appropriate credit to the original author(s) and the source, provide a link to the Creative Commons licence, and indicate if changes were made. The images or other third party material in this article are included in the article's Creative Commons licence, unless indicated otherwise in a credit line to the material. If material is not included in the article's Creative Commons licence and your intended use is not permitted by statutory regulation or exceeds the permitted use, you will need to obtain permission directly from the copyright holder. To view a copy of this licence, visit http://creativecommons.org/licenses/by/4.0/. The Creative Commons Public Domain Dedication waiver (http://creativecommons.org/publicdomain/zero/1.0/) applies to the data made available in this article, unless otherwise stated in a credit line to the data.

As mentioned above, despite the reported methodologies (e.g., body surface, backside or canal drainage line) for constructing disease models by investigators in the field, yet most of the experimental models for more accurately mimicking the symptoms and pathological changes of anal fistula disease are largely obscure. In details, the majority of the current models are difficult to achieve the uniformity epithelialization of fistula and dissimilar from the formation of anal fistula in clinical practice [6-8].

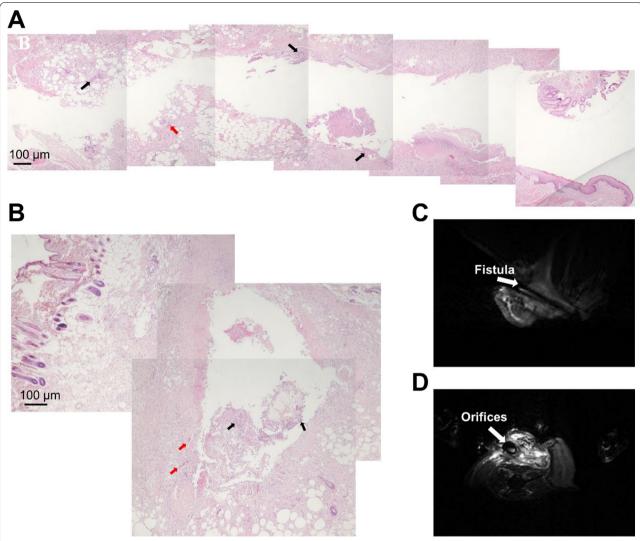
# Main text

In this study, we constructed an infection rat anal fistula model through BLV single-core electrolytic aluminum combined with dextran sodium sulfate (DSS). Firstly, we utilized an electric razor to shave the animal's hair and to remove the remaining of hair with a depilatory cream in the operation area after anesthesia administration. Secondly, leave the rats on the operating table in prone position and fix the limbs with tape. Using of the PVC-wrapped 2.5 mm<sup>2</sup> aluminum wire to pass the anal sphincter with 1 cm from left or right side of the anus, followed by rotating and fixing rats with a suitable length after penetrating the skin to keep rats hanging around the anal sphincter. Thirdly, the rats were continuously given fresh water with 5% DSS addition for one week to generate the general symptoms of anal fistula including the increased inflammatory response, the red and swollen fistula, tissue fluid exudation, anus with locally moist, and fecal secretions. Fourthly, the pathological changes of anal fistula in rats were evaluated by routine sectioning and hematoxylin and eosin (H and E) staining. As shown by the histopathological examination, typical inflammatory granulation tissues in the fistula wall along with tissue destruction of mucous epithelium were intuitively observed. According to the longitudinal section and cross section of anal fistula, we also noticed substantial inflammatory cell infiltration such as lymphocytes, eosinophils and neutrophils in the mucosal layer of anal fistula, together with the red-stained necrotic tissues in the lacuna (Fig. 1A–B). Meanwhile, the formation of fistula in crissum along with the higher signal intensity of tissue around the fistula by T2 and T1-weighted morphological images were shown by MRI images (Fig. 1C-D). For instance, the phenomena of thickening and edema were institutively observed in the fistula wall, which effectively mimicked the clinical manifestations of anal fistula.

# Conclusions

Despite the continuous improvement in the remedies of anal fistula with various complications, yet a certain number of patients still endure the long-lasting torments both physically and mentally due to the deficiency of effective models for disease remodeling. For instance, the surface fistula model or the dorsal fistula model reveals no correlation with anal fistula, while the anal drainage fistula model has inherent defects in the consistency of fistula epithelialization and drainage biomaterials as well as the time-consuming process. Similarly, the anal screw wire fistula model has been reported with a modeling time for over 30 days but with low-efficient infectious corrosion in perianal region and the difficulty in removing the threaded wire.

Distinguish from the current animal models of "irrational" anal fistula, our model possessed three prominent advantages. Firstly, it preferably mimicked the symptoms of anal fistula patients with contaminated fistula wounds by feces on the occurrence of diseases in the clinic, which supplied overwhelming new model for dissecting the pathology and therapeutics. In particular, the results of MRI and H&E examinations were highly consistent with the signal intensity and pathological characteristics of anal fistulas. Secondly, this strategy with a higher success rate, a shorter molding cycle, more reliable repeatability, together with minimal surgical risks and cost-effective. In details, our rat anal fistula model was constructed by combining BLV single-core electrolytic aluminum with 5% DSS for one week, and all of the rats revealed typical pathomorphological (e.g., local wetting of anus, fecal secretions, purulent fistula) and histopathological (e.g., inflammatory granulation tissue, inflammatory cell infiltration) characteristics of anal fistula, which were distinguish from the current models with the multifaceted shortcomings as mentioned above. Thirdly, our model was adequate to imitate multiple complications of infectious anal fistula involved in Crohn's disease and ulcerative colitis. Collectively, our methodology would provide a novel "rational" model for further illuminating the pathogenesis and drug development for anal fistula-associated intractable and recurrent disorders in clinical practice in future.



**Fig. 1** The inter-structure of the fistulous tract area after modeling. **A**–**B**. Representative images of histopathological examination by H&E staining according to the longitudinal section (**A**) and cross section of anal fistula (**B**). The red arrow and black arrow indicate the eosinophils and lymphocytes, respectively. Scale bar = 100 μm. C–D. T1 and T2-weighted morphological images of anal fistula based on BRUKER 9.4 T micro-MRI system for small animals. In details, the fistula (**C**) and orifices (**D**) were indicated by white arrow

# Abbreviations

BLV-SCEA: BLV single-core electrolytic aluminum; DSS: Dextran sodium sulfate; PVC: Polyvinyl chloride; MRI: Magnetic resonance imaging.

# Acknowledgements

Not applicable.

# Author contributions

MZ and AW conducted all the experiments and participated in the manuscript preparation. HY and LZ contributed to the conception and design, data analysis and interpretation, and manuscript writing. All authors read and approved the final manuscript.

# Funding

The work was supported by the Natural Science Foundation of Jiangxi Province (20212BAB216073), Science and technology projects of Guizhou Province (QKH-J-ZK-[2021]-107), Natural Science Foundation of Tianjin (19JCQNJC12500), the project Youth Fund supported by Shandong Provincial Natural Science Foundation (ZR2020QC097), the Non-profit Central Research Institute Fund of Chinese Academy of Medical Sciences (2019PT320005).

# Availability of data and materials

All data generated or analyzed during this study are included in this published article. Meanwhile, the datasets used and analyzed during the current study are also available from the corresponding author on reasonable request.

# Declarations

#### Ethics approval and consent to participate

The experiment on rat followed the internationally recognized guidelines. Meanwhile, All procedures were approved by the Ethics Committee of Eye Hospital of Tianjin Medical University (approval number: TJYY2018061114).

## **Consent for publication**

Not applicable.

## **Competing interests**

The authors declare there's no competing interests and all authors consent to publish the data.

#### Author details

<sup>1</sup>The Postdoctoral Research Station, School of Medicine, Nankai University, Tianjin 300071, China. <sup>2</sup>National Engineering Research Center of Cell Products, AmCellGene Engineering Co., Ltd, Tianjin 300457, China. <sup>3</sup>Tianjin Key Laboratory of Engineering Technologies for Cell Pharmaceutical, Tianjin 300457, China. <sup>4</sup>Institute of Stem Cells, Health-Biotech (Tianjin) Stem Cell Research Institute Co., Ltd., Tianjin 301700, China. <sup>5</sup>Key Laboratory of Radiation Technology and Biophysics, Institute of Biology & Hefei Institute of Physical Science, Chinese Academy of Sciences, Hefei 230031, China. <sup>6</sup>Key Laboratory of Molecular Diagnostics and Precision Medicine for Surgical Oncology in Gansu Province & NHC Key Laboratory of Diagnosis and Therapy of Gastrointestinal Tumor, Gansu Provincial Hospital, Lanzhou 730000, China.

# Received: 26 January 2022 Accepted: 2 June 2022 Published online: 13 June 2022

#### References

- 1. Owen HA, Buchanan GN, Schizas A, Cohen R, Williams AB. Quality of life with anal fistula. Ann R Coll Surg Engl. 2016;98:334–8.
- Arakaki MS, Santos CHMD, Falc OGR, Cassino PC, Nakamura RK, Gomes NF, et al. Experimental model of anal fistula in rats. J Coloproctol. 2013;33:135–8.
- Rosen DR, Kaiser AM. Definitive seton management for transsphincteric fistula-in-ano: harm or charm? Colorectal Dis. 2016;18:488–95.
- Ba-Bai-Ke-Re MM, Ti-Jiang A, Chen H, Liu X, Wang YH. Experimental porcine model of complex fistula-in-ano. World J Gastroenterol. 2017;23:1828–35.
- Vogel JD, Johnson EK, Morris AM, Paquette IM, Saclarides TJ, Feingold DL, et al. Clinical practice guideline for the management of anorectal abscess, fistula-in-ano, and rectovaginal fistula. Dis Colon Rectum. 2016;59:1117–33.
- Aikawa M, Miyazawa M, Okada K, Akimoto N, Koyama I, Yamaguchi S, et al. A newly designed anal fistula plug: Clinico-pathological study in an experimental iatrogenic fistula model. Int Surg. 2013;98:122–8.
- Buchanan GN, Sibbons P, Osborn M, Bartram CI, Ansari T, Halligan S, et al. Pilot study: fibrin sealant in anal fistula model. Dis Colon Rectum. 2005;48:532–9.
- Bruno CC, Carlos Henrique MS, Doroty MD, Pâmela MGR, Roberta SP, Elenir RJCP. Treatment of rats anal fistula with glycerin aloe barbadensis miller extract. J Coloproctol. 2018;38:283–9.

# Publisher's Note

Springer Nature remains neutral with regard to jurisdictional claims in published maps and institutional affiliations.

# Ready to submit your research? Choose BMC and benefit from:

- fast, convenient online submission
- thorough peer review by experienced researchers in your field
- rapid publication on acceptance
- support for research data, including large and complex data types
- gold Open Access which fosters wider collaboration and increased citations
- maximum visibility for your research: over 100M website views per year

#### At BMC, research is always in progress.

Learn more biomedcentral.com/submissions

